



THE LORD'S DAY AT HOME

THE MOST HOLY TRINITY

7th June 2020

If you are housebound or self-isolating at this time, please use these prayers to unite yourself with the worship of the Universal Church, and your own Parish, this Sunday. If alone, read or say these prayers quietly to yourself. If with another, or in a family, someone should read the "leader" parts, and others respond. It might be suitable to find a special, quiet place at home for your Sunday prayers.

SIGN OF THE CROSS

Leader: In the name of the Father, and of the Son, and of the Holy Spirit.

All: Amen.

INTRODUCTION

Leader: Today we celebrate the mystery of God as revealed to us by Jesus: one God, but three persons, Father, Son and Holy Spirit. This is a mystery we can never understand, and even less explain. We are invited to trust in Jesus and what he teaches, and take our place in the mystery of the Divine Community. We praise our God this Sunday as we say:

GLORIA

All: Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

OPENING PRAYER

Leader: Let us pray. God our Father, who by sending into the world the Word of truth and the Spirit of sanctification made known to the human race your wondrous mystery, grant us, we pray, that in professing the true faith, we may acknowledge the Trinity of eternal glory and adore your Unity, powerful in majesty. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

All: Amen.

GOSPEL READING

John 3:16-18

Jesus said to Nicodemus: 'God loved the world so much that he gave his only Son, so that everyone

who believes in him may not be lost but may have eternal life. For God sent his Son into the world not to condemn the world, but so that through him the world might be saved. No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God's only Son.'

The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ!

REFLECTION

Leader: We begin our Summer 'Ordinary Time' by celebrating a strange feast - not of a particular saint or event, but of the awesome paradoxes of our God, the Three-in-One, Father, Son and Spirit: so immeasurably distant, yet so amazingly close, so full of power and so full of love. It is love that is the key to the mystery: the revelation of God, to Moses and in Jesus Christ, the Son of God, shows a perfect love - a perfect unity. In the beginning, in the story of Creation in Genesis, God made man and woman 'in the image and likeness of God', to live together as a community of love. So too, the Church is an image of this perfection of community which is Father, Son and Spirit. We, as many members of one Church, strive in our everyday lives to imitate God who is Three and One, perfect unity and perfect love.

A THOUGHT FOR OUR YOUNGER FRIENDS

How often do you make the Sign of the Cross? Every day? More than once a day? And every time we do we say the words that we celebrate today - God is "Father and Son and Holy Spirit." What does this mean. There is something special about the number three: think about one person, on their own - isolated, possibly lonely. Think about two people together - taking, chatting, but just for each other. But now think of three people together, talking and laughing with each other, perhaps even dancing. The really important thing about three people together is there is room for other in the middle! And this is our God: Father, Son and Holy Spirit, one God, but with "room in

the middle” for you and everyone! If there are three of you, stand making that triangle and think of how our God makes “room in the middle” for us!

PROFESSION OF FAITH

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

INTERCESSIONS

Leader: We offer our prayer to the Father, through Jesus the Son, in the power of the Holy Spirit.

Leader: We pray for everyone in our Parish, our Diocese and the Church throughout the world – that faith may be strengthened. Lord, in your mercy ...

All: **Hear our prayer.**

Leader: We pray for all who do not believe in God – that our example of faith may open the door to belief. Lord, in your mercy ...

All: **Hear our prayer.**

Leader: We pray for anyone who needs God’s comfort and help at this time. Lord, in your mercy ...

All: **Hear our prayer.**

Please add your own prayers for the needs of the Church, the world and your local community. You may wish to add particular prayers for family members, friends or neighbours in need at this time.

THE LORD’S PRAYER

Leader: At the Saviour’s command and formed by divine teaching, we dare to say:

All: **Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.**

Leader: Sanctify by the invocation of your name, we pray, O Lord our God, all our service, and by it make of us an eternal offering to you. Through Christ our Lord.

All: **Amen.**

PREPARATION FOR SPIRITUAL COMMUNION

Leader: Almighty Father, with your Only Begotten Son and the Holy Spirit you are one God, one Lord: not in the unity of a single person, but in a Trinity of one substance. For what you have revealed to us of your glory we believe equally of your Son and of the Holy Spirit, so that, in the confessing of the true and eternal Godhead, you might be adored in what is proper to each Person, their unity in substance, and their equality in majesty. At the Last Supper Jesus showed the fullness of your love, as he gave his Body and Blood for his people. Even though we are not in Church, and not able to receive communion today, we open our minds and hearts now to your generous love and the gift of Jesus your Son, welcoming him spiritually into our lives.

SPIRITUAL COMMUNION

All: **My Jesus, I believe that you are present in the Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.**

Pause for a moment of silent prayer and reflection.

THANKSGIVING PSALM

Leader: You are blest, Lord God of our fathers.

All: **To you glory and praise for evermore.**

Leader: Blest your glorious holy name.

All: **To you glory and praise for evermore.**

Leader: You are blest in the temple of your glory.

All: **To you glory and praise for evermore.**

Leader: You are blest on the throne of your kingdom.

All: **To you glory and praise for evermore.**

Leader: You are blest who gaze into the depths.

All: **To you glory and praise for evermore.**

Leader: You are blest in the firmament of heaven.

All: **To you glory and praise for evermore.**

FINAL PRAYER AND BLESSING

Leader: Let us pray. May our prayers and spiritual communion this day, O Lord our God, bring us health of body and soul, as we confess your eternal holy Trinity and undivided Unity. Through Christ our Lord.

All: **Amen.**

Leader: May the Lord ✠ bless us, protect us from all evil, and bring us to everlasting life.

All: **Amen.**

Leader: Let us bless the Lord!

All: **Thanks be to God!**