The Gloria is recited.

First Reading

Galatians 2:19-20: I live now not with my own life but with the life of Christ who lives in me.

Responsorial Psalm

I will bless the Lord at all times.

Gospel Acclamation

Remain in my love says the Lord; whoever remains in me, with me in him, bears fruit in plenty.

Gospel Reading

John 15:1-8: Whoever remains in me, with me in him, bears fruit in plenty.

Communion Antiphon

Your love is for justice; your hatred for evil. Therefore God, your God, has anointed you with the oil of gladness above kings.

SATURDAY

Weekday or Saint Sharbel Makhluf, Priest or Saturday Mass of

Our Lady [OPTIONAL MEMORIAL]

Saint Sharbel Makhluf: he was born in Lebanon, the son of a mule driver, and was raised by an uncle who opposed his youthful piety. Aged 23 he joined the monastery of Saint Maron where he took the name Sharbel in memory of a 2nd century martyr. He was ordained in 1859; after which he lived as a model monk, but became a hermit in 1875, until his death 23 years later. He gained a reputation for holiness, and was much sought for counsel and blessing. He had a great personal devotion to the Blessed Sacrament.

Entrance Antiphon

See, I have God for my help. The Lord sustains my soul, I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.

[BVM: Blessed are you, O Virgin Mary, by the Lord God Most High, above all women on the earth; for he has so exalted your name, that your praise shall be undying on our lips.]

First Reading

Exodus 24:3-8: This is the blood of the Covenant that the Lord has made with you.

Response to the Psalm

Pay your sacrifice of thanksgiving to God.

Gospel Acclamation

The word of God is something alive and active; it can judge secret emotions and thoughts.

Gospel Reading

Matthew 13:24-30: Let them both grow till the harvest.

Communion Antiphon

The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.

[BVM: All generations will call me blessed, for God has looked on his lowly handmaid.]

COMMON MASS TEXTS

THE GLORIA: Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit in the glory of God the Father. Amen.

MARIAN ANTHEM: Hail, holy Queen, Mother of mercy, hail, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb, Jesus: O clement, O loving, O sweet virgin Mary.



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WEEKDAY MASS SHEET

SIXTEENTH WEEK OF ORDINARY TIME 19th—24th July 2021

THIS SHEET IS SINGLE USE ONLY PLEASE DO NOT LEAVE IT IN CHURCH AFTER MASS

Please ensure you familiarise yourself with any restrictions which may still apply in the celebration of Mass in your Church, and cooperate with them for the security and health of all present.

THE SCRIPTURES THIS WEEK

The first reading continues the story of Israel's journey from Egypt to the Promised Land; we hear of their escape through the Red Sea and the manna in the desert. The week culminates in their arrival at Sinai, the giving of the commandments, and the forging of the great Covenant.

In the Gospels (Matthew 12-13) we finish the narrative section and move into the 'parabolic discourse' - a great collection of Parables of the Kingdom: we begin with the parable of the Sower.

OUR PRAYERS THIS WEEK

During Ordinary Time (Summer) we are asked to pray for these intentions: A Deeper Understanding between Christians and Jews; Those Who Suffer Persecution, Oppression and Denial of Human Rights; Europe; Human Life; Seafarers.

THE HOLY FATHER'S INTENTIONS (July)

Social Friendship: We pray that, in social, economic and political situations of conflict, we may be courageous and passionate architects of dialogue and friendship.

MONDAY Weekday

Entrance Antiphon

See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.

First Reading

Exodus 14:5-18: When I have won glory for myself at the expense of Pharaoh, the Egyptians will learn that I am the Lord.

Responsorial Psalm

I will sing to the Lord, glorious his triumph!

Gospel Acclamation

Our Saviour Christ Jesus abolished death, and he has proclaimed life through the Good News.

Gospel Reading

Matthew 12:38-42: The Queen of the South will rise up with this generation and condemn it.

Communion Antiphon

The Lord keeps in our minds the wonderful things he has done. He is compassion and love; he always provides for his faithful.

TUESDAY

Weekday or Saint Apollinaris, Bishop and Martyr [OPTIONAL MEMORIAL]

Saint Apollinaris: He was thought to be a disciple of Saint Peter, and the first Bishop of Ravenna (Italy), dying near the end of the first century.

Entrance Antiphon

See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.

First Reading

Exodus 14:21-15:1: The sons of Israel went on dry ground right into the sea.

Response to the Psalm

I will sing to the Lord, glorious his triumph.

Gospel Acclamation

When anyone obeys what Christ has said, God's love comes to perfection in him.

Gospel Reading

Matthew 12:46-50: Stretching out his hand towards his disciples he said, 'Here are my mother and my brothers.'

Communion Antiphon

The Lord keeps in our minds the wonderful things he has done. He is compassion and love; he always provides for his faithful.

WEDNESDAY

Weekday or Saint Lawrence of Brindisi, Priest and Doctor of the Church [OPTIONAL MEMORIAL]

Saint Lawrence of Brindisi: born in 1559, he entered the Capuchin Order, where he taught theology to the students and engaged in many of the works of the Order. As a renowned preacher he travelled throughout Europe and wrote many works to explain the Catholic faith. He died at Lisbon in 1619.

Entrance Antiphon

See, I have God for my help. The Lord sustains my soul, I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.

First Reading

Exodus 16:1-5. 9-15: I will rain down bread for you from the heavens.

Response to the Psalm

The Lord gave them bread from heaven.

Gospel Acclamation

Bend my heart to your will, O Lord, and teach me your law.

Gospel Reading

Matthew 13:1-9: It produced crop a hundred-fold.

Communion Antiphon

The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.

THURSDAY

Saint Mary Magdalene [FEAST]

Saint Mary Magdalene: she was one of Christ's disciples and was present at his death. On the morning of Easter day she was the first to whom the risen Re-

deemer appeared, according to Saint Mark's Gospel.

Entrance Antiphon

The Lord said to Mary Magdalene: go to my brothers and tell them: I am going to my Father and your Father, to my God and your God.

The Gloria is recited.

First Reading

Song of Songs 3:1-4: I found him whom my heart loves.

or 2 Corinthians 5:14-17: Even if we did once know Christ in the flesh, that is not how we know him now.

Response to the Psalm

For you my soul is thirsting, O Lord, my God.

Gospel Acclamation

Tell us, Mary: say what thou didst see upon the way. The tomb the Living did enclose; I saw Christ's glory as he rose!

Gospel Reading

John 20:1-2. 11-18: Woman, why are you weeping? Who are you looking for?

Communion Antiphon

The love of Christ impels us, so that those who live may live no longer for themselves, but for him who died for them and was raised.

FRIDAY

Saint Bridget of Sweden, Religious, Patron of Europe [FEAST]

Saint Bridget of Sweden: born in 1303; after the death of her husband (with whom she had had eight children) she founded the Bridgettine Order. She wrote works describing the mystical experiences she had on a penitential pilgrimage to the Holy Land. She died in Rome in 1373.

Entrance Antiphon

Let us all rejoice in the Lord, as we honour Saint Bridget, at whose feet the Angels rejoice and praise the Son of God.